

Visitor Information

Please review the following information before using our facilities.

Entry Restrictions:

Individuals with tattoos are allowed entry if the tattoo size is within 15 cm × 15 cm and is limited to one point, provided it is not exposed.

Entry is not permitted for individuals associated with organized crime (yakuza), those prohibited from exercise or bathing by a doctor, those with contagious or infectious diseases, middle school students or younger, pregnant individuals, those with a history of serious illness, individuals conducting for-profit training (such as personal training), and those under the influence of alcohol.

Visitor Usage Information:

Visitor fee: ¥3,300 (including tax)

Available hours: Up to 5 hours between 6:00 and 23:00

※From 23:00 to 6:00am, it is limited to use with members.

Business Hours:

Open 24 hours

Sundays and holidays until 22:00, starting at 10:00 the next day

※Facility usage ends 15 minutes before closing time.

Closed Days:

Every second Friday of the month, as well as during summer and year-end holidays.

On the day before a closed day, the gym operates until 23:00, and on the day after, it opens at 10:00.

Other Information

•What you need for usage: Identification, workout attire, indoor shoes

Towels and other items are available for rent (additional charges apply).

•The pro shop and juice bar are also available for visitors.

If you're not using the facility, the juice bar offers takeout only (with a ¥60 cup charge).